

## FOLLOW-UP CARE FOR CHILDREN PRESCRIBED ADHD MEDICATION

It is important that children prescribed medication for ADHD be monitored appropriately. Members between the ages of 6-12, with a new prescription for an ADHD medication should have:

- At least **one** follow-up visit, with a practitioner with prescribing authority, during the **first 30 days after initial prescription**     2021 Rate: 40.70%     2022 Rate: 47.08%     Current Rate: 43.99%
- At least **two** follow-up visits **within 270 days after the end of the initial phase**. One of these visits may be a telephone call.     2021 Rate: 54.96%     2022 Rate: 58.07%     Current Rate: 55.21%

### How to Improve HEDIS Scores

- Schedule follow up visit within 30 days of initial prescription at the time of prescription
- Schedule two more visits within the next nine months after the first 30 days
- Use a phone visit for one of the visits after the first 30 days. This may help you and your patients if getting to an office visit is difficult (codes:98966-98968, 99441-99443)
- NEVER continue these controlled substances without at least two visits per year to evaluate a child's progress. If nothing else, you need to monitor the child's growth to make sure he or she is on the correct dosage

## FOLLOW-UP AFTER HOSPITALIZATION/ED Visit FOR MENTAL ILLNESS

All patients that were in the hospital should have a follow up visit with a health care professional **within 7-30 days of discharge**. Members 6 years of age and older who were hospitalized for treatment of selected mental health disorders should have an outpatient visit, an intensive outpatient encounter or partial hospitalization **with a mental health provider** within these same timeframes.

### How to Improve HEDIS Scores

- Educate inpatient and outpatient providers about the measure and the clinical practice guidelines
- Use Telehealth visit for follow up. This may help you and your patients if getting into the office is difficult
- Schedule the follow-up appointment before the patient leaves the hospital
- Use plan case managers or care coordinators to set up appointment
- Ensure accurate discharge dates and document not only appointments scheduled, but appointments kept.

If you have questions, would like to see your disparity report or would like more information, please email us at [MHPOutreach@mcclaren.org](mailto:MHPOutreach@mcclaren.org). Remember to talk to your patients about tobacco cessation, MHP has a free tobacco cessation program for MHP Community and Medicaid members, call (800) 784-8669 for more information.

**Thank you for the quality care you deliver!**

PCP Feedback (Please print)

Comments, requests, questions, etc.: FAX to (810) 600-7985

PCP Name/Office Name \_\_\_\_\_

Name \_\_\_\_\_

Phone \_\_\_\_\_

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